

Savory Entrees!

Recipe

October 2003

Southwest Stuffed Peppers

Makes 4 servings.

- ¾ cup browned ground beef crumbles
- 1 can (14½ oz.) diced tomatoes in juice (with sweet onions)
- 1/3 cup quick-cooking white rice (uncooked)
- 1 Tbsp. Chef Series™ Southwest Chipotle Seasoning Blend
- 2 medium green, red or yellow bell peppers (halved, lengthwise & seeded)



1. Stir together meat, undrained tomatoes, uncooked rice and seasoning in Dish Base of Microsteamer. Place Colander piece in Dish. Place peppers in Colander. Cover.
2. Microwave on high 5 to 7 minutes or until meat mixture is hot and rice is tender.
3. Let stand, covered, for 5 minutes. Spoon rice mixture into peppers and onto serving plate.

Tupperware® products recommended:

Microsteamer
Saucy Silicone Spatula
Chef Series™ Southwest Chipotle Seasoning Blend

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Zesty Pork & Veggie Fajitas

Makes 8 fajitas

- 1 lb. boneless pork loin chop (cut into 1" pieces)
- 3 Tbsp. Chef Series™ Zesty Pork & Poultry Seasoning Blend (divided)
- ½ cup chopped onion
- ½ cup chopped green, red or yellow bell pepper
- 2 cloves garlic (minced)
- 1 cup water
- 10 flour tortillas (fajita size)



1. Place pork pieces in Thatsa™ Bowl. Sprinkle with 2 Tbsp. seasoning. Seal & shake until pork pieces are evenly coated. Stir in peppers, onion and garlic.
2. Place water in Dish Base of MicroSteamer with remaining 1 Tbsp. seasoning. Place Colander in Dish; stir in meat mixture.
3. Cover and microwave on High for 3 minutes; stir. Microwave additional 2 to 3 minutes or until pork is cooked through & vegetables are tender.
4. Remove pork & veggie mixture from Colander. Place tortillas in staggered layers in Colander. Cover and microwave on High 30 seconds to 1 minute or until tortillas are warm.
5. Spoon pork & veggie mixture down center of each warm tortilla. Top with shredded cheese, salsa, and/or sour cream if desired before rolling up.

Tupperware® products recommended:

Thatsa™ Bowl
Saucy Silicone Spatula
Microsteamer
Chef Series™ Zesty Pork & Poultry Seasoning Blend

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